

# “Restoring Relationships After Long Term Drug Use” Twitter Chat with **Canyon Crossing** July 12, 2016

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**AH:** Welcome to today’s #AHchat! Our topic is “**Restoring Relationships After Long Term Drug Use.**”

**AH:** We would like to start by welcoming our special guests, **Justin Bachman and Sarah Daubert from Canyon Crossing Recovery.**

**AH:** **What is considered to be long term drug use?**

**Canyon Crossing:** Long term drug abuse involves the repetitive use of a substance, like an illicit drug or prescription medication.

**Canyon Crossing:** Drug abuse leads to a chemical dependency to the drug.

**Canyon Crossing:** In seeking the initial high, the body can become dependent, and an addiction can take hold.

**Canyon Crossing:** According to the [National Institute on Drug Abuse](#), addiction occurs when a chemical dependency to a drug is combined with an overwhelming urge to use the substance.

**AH:** **What are signs and symptoms of long term drug use?**

**Canyon Crossing:** An addict may exhibit many different signs and symptoms

**Canyon Crossing:** This may include physical symptoms, like abrupt weight changes or chronic illness/infection

**Canyon Crossing:** Behavioral symptoms might include personality changes, depression, increased aggression or irritability.

**Canyon Crossing:** An addict may also have sudden changes in their social network

**Canyon Crossing:** As well as changes in habits and/or priorities

**Canyon Crossing:** An addiction may lead to financial and relationship problems as well.

**AH: How can long term drug use negatively impact relationships?**

**Canyon Crossing:** In addiction, the drug user is typically driven by a continued need of these drugs

**Canyon Crossing:** Finding a way to get the drugs and engage in drug use will often become the most compelling factor in the addict's life.

**Canyon Crossing:** Relationships will often go to the backburner

**Canyon Crossing:** Relationships often begin to suffer and be destroyed as the addiction takes hold.

**AH: What are ways in which relationships can be restored after long term drug abuse?**

**Canyon Crossing:** An effective recovery program is often the first step towards restoring relationships

**Canyon Crossing:** When the effects of a drug addiction are eliminated, a person can take control of their life and begin restoring relationships.

**Canyon Crossing:** The addiction must first be addressed to help a person heal in all aspects of their life.

**Canyon Crossing:** This can begin with comprehensive treatment for a drug addiction.

**AH: How can treatment help support recovery efforts from addiction?**

**Canyon Crossing:** Comprehensive treatment can offer the structure needed for healing, accountability, and support for recovery.

**Canyon Crossing:** Addiction treatment can provide a path for long-term success through a therapeutic environment, which promotes self learning and growth

**Canyon Crossing:** Treatment can help empower an individual for recovery from an addiction and overcome barriers that might be faced along the way.

**AH: What encouragement do you have to offer someone recovering from addiction?**

**Canyon Crossing:** Recovery from an addiction is possible!

**Canyon Crossing:** If you have struggled with broken relationships as a result of an addiction, you can repair your life by seeking out the treatment you need.

**Canyon Crossing:** Relationships can be restored as you focus on healing yourself and treating your addiction.

**Canyon Crossing:** Reach out to someone you trust and get connected to support and recovery.

**AH:** If you or a loved one has been suffering with an addictive disorder, we hope this information brings you hope.

**AH:** Seeking out treatment is critical for hope, healing, and recovery

**AH: For more information about Canyon Crossing Recovery, visit:**  
<https://www.canyoncrossingrecovery.com/>

**AH:** Thank you to everyone who participated in our Twitter Chat today! And thank you for the great insight @Canyon\_Crossing

**AH:** Please stay tuned for future Twitter Chats from AH!

**AH:** If you are in need of resources for substance abuse, **visit our website at:**  
[www.addictionhope.com](http://www.addictionhope.com)